



LOCATION

Medical Sciences Building
1 King's College Circle
University of Toronto

Metropolitan Hotel Toronto
108 Chestnut Street

ACKNOWLEDGEMENTS

(confirmed Support at time of print)

Acumed **DuPuy**
Biomimetics **Ostek Orthopaedics Inc**
ConMed Linvatec **Stryker**
DJO Canada Inc.

The Royal College of Physicians and Surgeons Canada, Region 3 Advisory Committee, has provided a continuing medical education grant in support of our meeting.

PRE REGISTRATION FEE

(all fees are posted in Canadian \$)

*Delegates registering online may take advantage of the conference online registration fee

Physicians (fax/mail /on site)	\$445
Physicians (online)	\$415*
Other Health Professionals (fax/mail/on site)	\$345
Other Health Professionals (online)	\$315*
Out of Town Residents (fax/mail/on site)	\$345
Out of Town Residents (online)	\$315*

REGISTRATION

Online: To register and pay by VISA, MasterCard or American Express online, please visit:

<http://www.cepd.utoronto.ca/footankle>
Registration by Fax or Mail, please contact the Office of Continuing Education and Professional Development.

Do not make travel arrangements until registration confirmation is received by e-mail.

CANCELLATION

Refunds will not be issued for cancellations received after April 2, 2010. A processing fee of \$40 will be retained on all cancellations. Requests for cancellation must be made in writing. Registrations are not transferable.

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for events cancelled by the University will be refunded; however the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

ACCOMMODATION

The Metropolitan Hotel Toronto
108 Chestnut Street, Toronto, Ontario
A block of rooms is being held at The Metropolitan Hotel, 108 Chestnut Street, \$135 CAD (plus taxes) standard single/double with a reservation cut of date of March 10, 2010. Please direct your room requirements to the hotel reservations department by phone: 416.599.0555 / toll free: 1.800.668.6600 or e-mail: reservations@tor.metropolitan.com, stating "University of Toronto".

FOR INFORMATION

Office of Continuing Education and Professional Development
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9th Biennial

Canadian Orthopaedic

Foot and Ankle Symposium

April 10-11, 2010

COURSE OBJECTIVES

The Foot and Ankle Symposium is designed as a comprehensive review of the operative and non-operative management of foot and ankle pathologies. After attending the course the participant will have better medical insight into the care of both common and important foot and ankle problems. The course is designed to help both the surgeon and allied health professional in the management and education of their patients. A national and international perspective is provided through inviting various guest speakers from other provinces within Canada and outside of the country.

Sponsored by:

The Department of Surgery



UNIVERSITY OF TORONTO
FACULTY OF MEDICINE



TARGET AUDIENCE

Orthopaedic surgeons, podiatrists, chiropodists, rheumatologists, plastic surgeons, physical therapists, occupational therapists, orthopaedic nurses, nurse practitioners (wound care), rehabilitation coordinators, residents, fellows, trainees and other health professionals working in the research and treatment of foot and ankle pathologies, will enhance their knowledge and skills by attending this symposium.



ORGANIZATIONAL COMMITTEE

Glenn H. Copelan, D.P.M., Clinic Director
 Timothy Daniels, MD, Orthopaedics
 Johnny Lau, MD, Orthopaedics
 Ann-Marie McLaren, DCh, BSc, MCISC
 Chiropodist
 Joydip Banerjee, MHSc, PScPT, Registered
 Physiotherapist

ACCREDITATION

The Office of Continuing Education and Professional Development (CEPD), Faculty of Medicine, University of Toronto is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows the Office of CEPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, the Royal College of Physicians and Surgeons of Canada, the American Medical Association, and the European Accreditation Council for Continuing Medical Education (EACCME).

KEYNOTE SPEAKER

Keith L. Wapner, MD
 Clinical Professor, Orthopaedic Surgery
 University of Pennsylvania
 Adjunct Professor, Orthopaedic Surgery
 Drexel College of Medicine
 Philadelphia, PA

Visiting Speaker of the Royal College of Physicians and Surgeons of Canada, Region 3 Advisory Committee

Christopher P. Chiodo, MD
 Foot and Ankle Division Chief
 Department of Orthopedic Surgery
 Brigham and Women's Hospital
 Harvard Medical School
 Cambridge, MA

GUEST SPEAKERS

Mark Glazebrook, MD, MSc, PhD, FRCS
 Associate Professor of Orthopedic Surgery
 Dalhousie University
 Halifax, Nova Scotia

Karl-André Lalonde, MD, FRCS
 Assistant Professor of Orthopaedics
 University of Ottawa
 The Ottawa Hospital, General Campus
 Ottawa, Ontario

Murray Penner, MD, FRCS
 Instructor, Department of Orthopaedics
 University of British Columbia
 Vancouver, British Columbia

Alastair Younger, MD FRCS
 Associate Professor,
 Department of Orthopaedics
 Head Division of Extremity Surgery
 University of British Columbia
 Vancouver, British Columbia

U OF T FACULTY

Joydip Banerjee, MHSc, PScPT
 Registered Physiotherapist
 Foot and Ankle Speciality Program
 UHN Rehabilitation Solutions
 Mississauga Satellite Clinic
 Toronto Western Hospital, Toronto

Andrea Donovan, MD FRCP
 Radiologist
 Sunnybrook Health Sciences Centre,
 Toronto

Timothy Daniels, MD, FRCS (Co-Chair)
 Associate Professor of Orthopaedics
 St. Michael's Hospital, Toronto

Gordon Hunter, MB, FRCS, FRCS
 Professor Emeritus of Orthopaedics

Johnny Lau, MD, FRCS (Co-Chair)
 Assistant Professor of Orthopaedics
 UHN Toronto Western Hospital

Rob Sargeant, MD, PhD, FRCP
 Assistant Professor, General Internal
 Medicine
 St. Michael's Hospital, Toronto

Rachel Shupak, MD, FRCP
 Associate professor Medicine
 St Michael's Hospital, Toronto

James G. Wright, MD, MPH, FRCS
 Chief of Peri-operative Services and
 Surgeon-in-Chief
 Professor of Surgery
 The Hospital for Sick Children, Toronto

DISCLOSURE Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

SATURDAY, APRIL 10, 2010

(each session will include a minimum of 20 minutes for questions from the audience)

PRIMARY FOOT AND ANKLE CARE

0715 Registration and continental breakfast

Moderator: Dr. Tim Daniels

0800 Ontario foot and ankle care model
Dr. T. Daniels

0820 Radiographs - what to order, the role of bone scans, SPECT scan, CT and MRI
Dr. M. Penner

0840 MRI imaging of persistent foot pain
Dr. A. Donovan

0900 Post-operative management... immobilization, complications and recovery duration
Dr. J. Lau

0920 Maximizing physiotherapy outcomes - how to achieve and when is enough, enough?
Ms.. J. Banerjee

0940 Q&A - Panel discussion and audience participation

1000 Refreshment break with exhibitors

PEDIATRIC/ADOLESCENT FOOT

Moderator: Dr Johnny Lau

1030 Physical examination of the Pes Cavus and Pes Planus foot deformity
Drs. M. Penner, m. Glazebrook, K. Wapner, C. Chiodo, J. Wright, T. Daniels

1100 Update in pediatric clubfoot Management
Dr. J. Wright

1115 Management of the adolescent/young adult flatfoot - arthroresis?
Dr. C. Chiodo

1130 Treatment of adult accessory navicular and tarsal coalition
Dr. J. Lau

PROGRAM OUTLINE

1145 Debate: pediatric Pes Planus – non-operative vs. operative treatment?
Drs. J.Wright, C. Chiodo, K. Wapner, A.Younger

1210 Q&A - Panel discussion and audience participation

1230 Lunch

SPORTS FOOT/ANKLE

Moderator: Dr. Mark Galzebrook

1330 Chronic achilles tendinopathy
Dr. K. Wapner

Speaker of the royal college of physicians and surgeons of canada, region 3 advisory committee

1350 High ankle sprain, and syndesmosis update
Dr. J. Lau

1410 Peroneal tendon pathology
Dr. C. Chiodo

1430 Q&A - Panel discussion and audience participation

1450 Refreshment break with exhibitors

MINI SURGICAL FELLOWSHIP – INDICATION, TECHNIQUE, POST-OP

Moderator: Dr. Gordon Hunter

1530 Medial approach to subtalar fusion
Dr. T. Daniels

1550 Arthroscopic ankle fusion
Dr. A. Younger

1610 Lateral ankle ligament reconstruction
Dr. M. Penner

1630 Pes Planus reconstruction
Dr. K. Wapner

1650 First metatarsal osteotomies for hallux valgus correction
Dr. K. Lalonde

1710 Q&A - Panel discussion and audience participation

1730 End of day one

Sunday, April 11, 2010

(each session will include a minimum of 20 minutes for questions from the audience)

FOOT AND ANKLE UPDATES

Moderator: Dr. Alastair Younger

0715 Registration and continental breakfast

0800 Update on forefoot surgery
Dr. K. Wapner

0820 Update of medical management of rheumatoid arthritis and perioperative management of drugs
Dr. R. Shupak

0840 Update on achilles tendon repair - operative vs non-operative care?
Dr. M. Glazebrook

0900 Update on the ankle arthritis
Dr. A. Younger

0920 Q&A - Panel discussion and audience participation

0940 Refreshment break with exhibitors

FOOT/ANKLE EMERGENCIES

Moderator: Dr. Tim Daniels

1010 Multidisciplinary management of diabetic foot disease - the St. Michael's experience
Dr. R. Sargeant

1030 Commonly missed foot and ankle injuries - improving diagnosis and management
Dr. C. Chiodo

1110 Management of open calcaneal and talar neck fractures
Dr. M. Glazebrook

1050 Management of sequelae of leg and foot compartment syndromes
Dr. K. Lalonde

1110 Q&A - panel discussion and audience participation

1130 End