

10th Annual

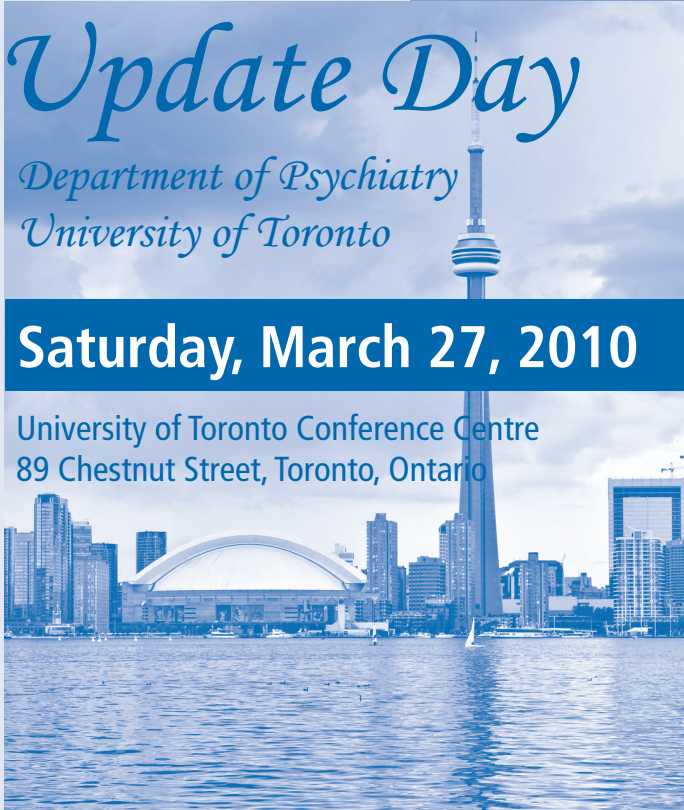
Toronto Psychopharmacology

Update Day

Department of Psychiatry
University of Toronto

Saturday, March 27, 2010

University of Toronto Conference Centre
89 Chestnut Street, Toronto, Ontario



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale



UNIVERSITY OF TORONTO
FACULTY OF MEDICINE

University Health Network

Toronto General Hospital Toronto Western Hospital Princess Margaret Hospital

The Toronto Psychopharmacology Update Day

is the premiere psychopharmacology conference from the University of Toronto Department of Psychiatry. Speakers come from a variety of key University of Toronto teaching hospitals including: Toronto Western Hospital, Toronto General Hospital, The Centre for Addiction and Mental Health, and Sunnybrook Health Sciences Centre. This year, we are pleased to include two visiting professors, Dr. Jitender Sareen, Canada Chair in Anxiety Disorders from the University of Manitoba and Dr. Gary Hasey, from the Mood Disorder Program at McMaster University.

This 10th conference has expanded to 200 participants and moved to a new venue, the University of Toronto Conference Centre, 89 Chestnut Street. This year's event will begin with a neuroscience section involving three plenary lectures, followed by a choice of six clinical workshops. The afternoon section features two clinical plenary lectures and another six workshops. Key topics include illness from PTSD to pathological gambling, a variety of workshops on mental health problems in the medically ill and a provocative session on pharmacists prescribing. The conference is designed to provide insights into the etiology and treatment of psychiatric disorders and the mechanisms of action of medications.

Format & Objectives

- Plenary Addresses given by expert faculty.
- Interactive workshop sessions on a wide range of topics tailored to the specific needs of your practice (*your choice of 2 workshops; choose from list*).
- Review of cases from participating physicians.
- Key literature recommendations and syllabus.

Plenary Speakers

Jitender Sareen, MD, FRCPC
Canada Research Chair in Anxiety Disorders
University of Manitoba

Zubin Austin, BScPhm, PhD
Associate Dean - Academic
Faculty of Pharmacy
University of Toronto

Jeff Daskalakis, MD, PhD, FRCPC
Centre for Addiction and Mental Health
and University of Toronto

Gary Hasey, MD, FRCPC
St. Joseph's Hospital, Hamilton
and McMaster University

Jose Nobrega, PhD
Centre for Addiction and Mental Health
and University of Toronto

Planning Committee

All from University of Toronto

Sagar Parikh, MD, FRCPC (Chair)
University Health Network
Centre for Addiction and Mental Health

Susan Abbey, MD, FRCPC
University Health Network

Shree Bhalerao, MD, FRCPC
St. Michael's Hospital

Saulo Castel, MD, PhD
Ontario Shores Centre for Mental
Health Sciences

Daniel Gorman, MD, FRCPC
The Hospital for Sick Children

Diana Kljenak, MD, FRCPC
University Health Network

Sia Maro, Conference Coordinator
University Health Network

Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Program - Saturday, March 27, 2010

8:00 Registration & Continental Breakfast

8:25 Welcome & Introduction **Sagar Parikh, MD, FRCPC**

8:30 NEUROSCIENCE UPDATE

Animal Models for Psychiatric Illnesses **Jose Nobrega, PhD**

Beyond Dopamine:

The Role of GABA in Schizophrenia **Jeff Daskalakis, MD, PhD, FRCPC**

Old Signal, New Math:

EEG Prediction of Treatment Response **Gary Hasey, MD, FRCPC**

10:00 Neuroscience Update Q&A Session

10:15 Nutrition Break

10:45 MORNING WORKSHOP SESSIONS

Each workshop is limited to 35 participants. Enrolment is on a first-come-first-served basis.

- A) Renal Disease and Psychiatry
Marta Novak, MD, PhD - University Health Network
- B) Treatment of Pathological Gambling
Bruce Ballon, MD, FRCPC – Centre for Addiction and Mental Health
- C) Management of Geriatric Mood Disorders
Alastair Flint, MB, FRCPC – University Health Network
- D) Update on Bipolar Depression
Naveen Dayal, MD, FRCPC – Credit Valley Hospital
- E) Avoiding Medico-Legal Problems:
Managing Forms and Review Boards
Robert Buckingham, MD, FRCPC – University Health Network
- F) Treatment of OCD
Peggy Richter, MD, FRCPC – Sunnybrook Health Sciences Centre.

12:00 Lunch (Provided)

1:00 CLINICAL UPDATE

Update on Post-Traumatic Stress Disorder:
Implications for Care..... **Jitender Sareen, MD, FRCPC**

New Scopes, New Challenges: Collaboration for
Improved Care (Pharmacist Prescribing)..... **Zubin Austin, BSc, Phm, PhD**

2:30 Clinical Update Q&A Session

2:45 Nutrition Break

3:00 AFTERNOON WORKSHOP SESSIONS

Each workshop is limited to 35 participants. Enrolment is on a first-come-first-served basis.

- G) Refractory Schizophrenia
Albert Wong, MD, PhD, FRCPC – Centre for Addiction and Mental Health
- H) Psychiatric Problems in Cardiac Patients
Brian Baker, MBChB, FRCPC – University Health Network
- I) Mindfulness: Strategies for Stress Reduction
Patricia Rockman, HBA, Psych, MD, CCFP – University Health Network
- J) Drug Interactions in Psychiatry
Robert Cooke, MD, FRCPC – Centre for Addiction and Mental Health
- K) Treating the Perinatal Woman
Sophia Grigoriadis, MD, MA, PhD, FRCPC – University Health Network
- L) Treating Fatigue with Psychopharmacology
Susan Abbey, MD, FRCPC – University Health Network

4:15 Evaluation & Adjournment

Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (6 credits).

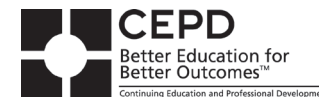
The Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto, designates this educational activity for a maximum of 6 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

Letters of Accreditation/Attendance

Letters of accreditation/attendance will be available online following the conference. Participants will be emailed information two weeks post-course specifying how to obtain their Letter of Accreditation/Attendance online.

For Information

Office of Continuing Education & Professional Development
Faculty of Medicine, University of Toronto
Phone: 416.978.2719 / 1.888.512.8173 Fax: 416.946.7028
Email: info+PSR1011@cepdtoronto.ca
Website: www.cepdtoronto.ca



Fees & Registration

Fees (Lunch included)

Health Professionals \$195 CAD

Residents and Fellows* \$100 CAD
*with proof of status

Workshop Registration

To ensure optimal education the workshops are limited to 35 participants. Enrolment is on a first-come-first-served basis.

Registration Procedure

Online: To register online and pay by Visa, MasterCard or American Express, please visit: www.cepd.utoronto.ca. Click on "Courses & Conferences" and then "Find a Course". Enter "Toronto Psychopharmacology Update Day" or event code: **PSR1011**.

By fax or mail: To register by fax or mail and pay by credit card or cheque, please contact the Office of Continuing Education

and Professional Development for a printable registration form.

Receipts of Payment

Receipts are issued by e-mail only.

Cancellation Policy

Refunds will not be issued for cancellations received after **March 19, 2010**. A processing fee of \$50 will be retained on all cancellations. Requests for cancellation must be made in writing. Registrations are not transferable.

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for events cancelled by the University will be refunded; however the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

Accommodation

The Metropolitan Hotel Toronto

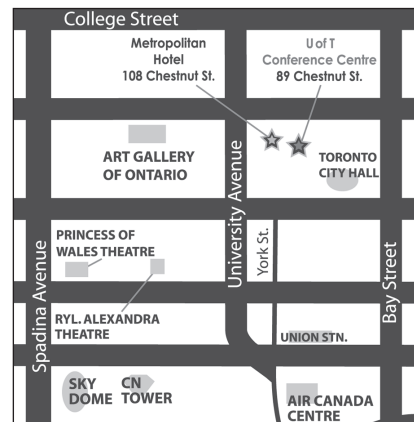
108 Chestnut Street, Toronto, Ontario

Please direct your room requirements to the hotel reservations department requesting the University of Toronto corporate rate.

Phone: 416.599.0555

Toll free: 1.800.668.6600

Email: reservations@tor.metropolitan.com



Acknowledgements (Educational Grants confirmed at time of printing)

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