

15th Annual Conference

# The Science & Art of Pain and Symptom Management

Saturday, November 21, 2009



Sponsored by  
the Division of Palliative Care,  
University of Toronto

**A conjoint effort of:**

The Rapid Response Radiotherapy Program  
at the Odette Cancer Centre, Sunnybrook Health  
Sciences Centre and the Department of Radiation  
Oncology, University of Toronto; and the Division  
of Palliative Care of the Department of Family and  
Community Medicine, University of Toronto.

**Health Sciences Building**  
155 College Street, 6th Floor  
Auditorium, Room 610  
University of Toronto

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**UNIVERSITY OF TORONTO**  
FACULTY OF MEDICINE

# Saturday, November 21, 2009

Each presentation will include time for questions and answers from the audience (a minimum of 25%)

## 7:45 Registration and Continental Breakfast

8:20 **Welcome** ..... Drs. Elizabeth Barnes and Jeff Myers

### **Key Note Address**

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8:30 Emerging Concepts in the Assessment and Management of Cancer-Related Pain ..... Dr. Judith A. Paice

### **Plenary I**

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9:15 Learning from Our Patients: Team-based Research in Palliative Care ..... Dr. Camilla Zimmermann

## 10:00 Refreshment Break and Exhibits

### 10:30 **Workshops** (three topics repeated at 1:45 pm)

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1. Practical Skills in Managing Pain for Patients with Addictions in the Palliative Care Setting  
**Speaker:** Dr. Judith Paice

2. Emerging Trends in Oncology: What the Palliative Care Clinician Needs to Know  
**Speaker:** Dr. Christine Simmons

3. Patients with Advanced Cancer: Best Practices in Managing Common Co-Morbid Conditions  
**Speaker:** Dr. Debbie Selby

4. Self-Care: How Clinicians Can Take Care of Themselves (AM only)  
**Speakers:** Dr. Hyon Kim and Ms. Elaine Rapp

12:00 **Lunch** (provided) and Exhibits

### **Plenary II**

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1:00 "Can We Agree to Disagree?"

*An Interprofessional Panel Discussion on Complex Decision-making and Conflict amongst Team and Family in the Oncology and Non-Oncology Population*

**Moderator:** Dr. Russell Goldman

**Chaplain:** Ms. Sharon Konyen

**Clinical Ethicist/Family Perspective:** Ms. Marcia Sokolowski

**Psycho-Oncologist:** Dr. Sarah Hales

## 1:45 **Workshops**

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5. Practical Skills in Managing Pain for Patients with Addictions in the Palliative Care Setting  
**Speaker:** Dr. Judith Paice

6. Emerging Trends in Oncology: What the Palliative Care Clinician Needs to Know  
**Speaker:** Dr. Christine Simmons

7. Patients with Advanced Cancer: Best Practices in Managing Common Co-Morbid Conditions  
**Speaker:** Dr. Debbie Selby

8. Prognostication: Are We Getting Closer? (PM only)  
**Speakers:** Drs. Jeff Myers and Giovanna Sirianni

## 3:15 Refreshment Break and Exhibits

### **Plenary III**

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3:35 "Hot off the Presses": A Critical Review of Recent Practice Changing Publications from the Palliative Care and Oncology Literature  
**Speakers:** Drs. Daphna Grossman and Dori Seccareccia

## 4:30 Evaluation and Adjourn



## Guest Faculty

### Judith A. Paice, PhD, RN

Director, Cancer Pain Program, Division of Hematology-Oncology  
Northwestern University, Feinberg School of Medicine  
Chicago, Illinois

Visiting Speaker of the Royal College of Physicians and Surgeons  
of Canada, Region 3 Advisory Committee

## Local Faculty

### Sharon Konyen, BA, BEd, MTS

Spiritual Care Provider, Palliative Care, Princess Margaret Hospital

### Elaine Rapp, MSW, RSW

Clinical Social Worker, Palliative Care Consult Team  
Sunnybrook Health Sciences Centre

### Debbie Selby, MD, FRCPC

Palliative Care Consultant, Sunnybrook Health Sciences Centre

## University of Toronto Faculty

### Daphna Grossman, MD, CCFP(em), FCFP

Lecturer, Department of Family and Community Medicine  
Palliative Care Physician, Baycrest Centre for Geriatric Care

### Sarah Hales, MD, FRCPC

Lecturer, Department of Psychiatry  
Staff Psychiatrist, Psychosocial Oncology & Palliative Care  
Princess Margaret Hospital

### Hyon Kim, MD, MTS, CCFP

Assistant Professor, Department of Family and Community Medicine  
Palliative Care Consultant, Sunnybrook Health Sciences Centre

### Dori Seccareccia, MD, CCFP-Em, MCISc

Assistant Professor, Department of Family and Community Medicine  
Palliative Care Consultant, Toronto General Hospital

### Christine Simmons, MD, FRCPC

Assistant Professor, Department of Medicine  
Medical Oncologist, Odette Cancer Centre  
Sunnybrook Health Sciences Centre

### Giovanna Sirianni, MD, CCFP

Lecturer, Department of Family and Community Medicine  
Palliative Care Consultant, Sunnybrook Health Sciences Centre

### Marcia Sokolowski, MA, PhD Candidate

Clinical Ethicist, Joint Centre for Bioethics  
and Baycrest Centre for Geriatric Care

### Camilla Zimmermann, MD, MSc, FRCPC

Assistant Professor, Division of Medical Oncology  
and Haematology, University of Toronto  
Head, Palliative Care Services, University Health Network  
Scientist, Ontario Cancer Institute  
Medical Director, Lederman Palliative Care Centre  
Princess Margaret Hospital

## Course Directors

### Elizabeth Barnes, MD, FRCPC

Assistant Professor, Department of Radiation Oncology

### Russell Goldman, MD, CCFP

Lecturer, Department of Family and Community Medicine

### Jeff Myers, MD, CCFP, MSEd

Assistant Professor, Department of Family and Community Medicine

## Consultant

### S. Lawrence Librach, MD, CCFP, FCFP

W. Gifford-Jones Professor, Pain Control & Palliative Care  
Professor and Head, Division of Palliative Care  
Department of Family and Community Medicine  
University of Toronto

## Objectives

The 2009 conference will combine lectures and small group workshops to provide participants with information and opportunities to discuss in an interprofessional setting:

- developments in the pain and symptom management of advanced cancer and non-malignant diseases
- what palliative care practitioners need to know about palliative chemotherapy and radiotherapy
- psychotherapeutics and psychosocial care for the patient with advanced cancer and non-malignant disease
- complex decision-making and controversies in palliative care

## Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (6 credits).

The Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto designates this educational activity for a maximum of 6 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 6 Mainpro-M1 credits.

### Letters of Accreditation or Attendance

Letters of accreditation/attendance are distributed at the end of the program. If you are leaving earlier, you may request your letter from us at that time. We do not routinely mail out accreditation letters. Should you forget to pick up your letter at the conference, please contact the Office of Continuing Education and Professional Development.

## Fees

All Health Professionals . . . . . \$215

Residents & Students . . . . . \$65  
(with documentation and proof of status)

**Enrolment is limited.** Please do not make travel arrangements until registration confirmation is received. Confirmation of registration is in the form of an emailed receipt.

## Cancellation

Refunds will not be issued for cancellations received after November 11, 2009. A processing fee of \$40 will be retained on all cancellations. Requests for cancellation refunds must be made in writing. Registrations are not transferable.

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for events cancelled by the University will be refunded; however, the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

## Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

# Course Location

## Health Sciences Building

155 College Street, 6th Floor  
Auditorium, Room 610  
University of Toronto

**Directions:** One block west of the Queen's Park TTC station, the Health Sciences Building is on the southeast corner of College and McCaul Streets. When entering at 155 College Street take the elevators immediately across from the entrance to the 6th floor.

**Parking:** Inexpensive outdoor parking (\$7 flat rate) is available on the west side of McCaul Street just south of College and on King's College Circle (accessed from King's College Road north off College just west of McCaul). Payment can be made by coins or credit card at the ticket machine. Please call 416-978-PARK or go to the website: <http://www.fs.utoronto.ca/parking.htm> for more information.

# Accommodation

A limited block of rooms is being held at **The Metropolitan Hotel**, 108 Chestnut Street, Toronto. Single/Double, Luxury King \$135 (plus taxes). Rooms at the conference rate are available **until the bedroom block fills or October 21, 2009**, whichever occurs first. Hotel rooms in Toronto are at a premium; please book early to avoid disappointment. Call the hotel directly for a reservation stating your group affiliation as "Pain & Symptom Management".

Phone: 416.599.0555 / Toll Free: 1.800.668.6600

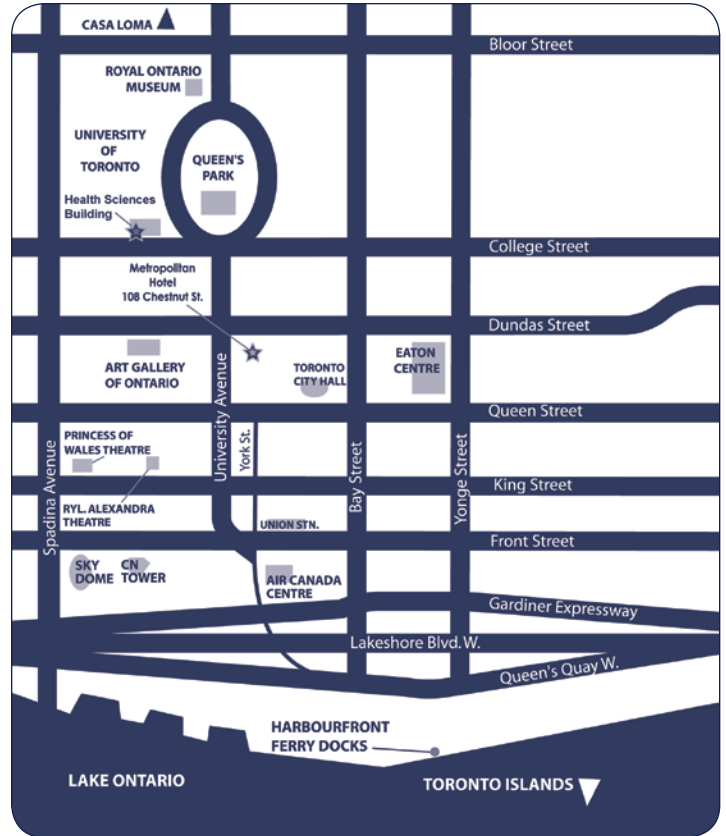
Fax: 416.597.6351

Email: [reservations@tor.metropolitan.com](mailto:reservations@tor.metropolitan.com)

Website: [www.metropolitan.com/toronto](http://www.metropolitan.com/toronto)

Reservations cancelled within five (5) days of arrival will be charged for the stay in its entirety.

# Map



# Acknowledgements

We gratefully acknowledge our Supporters:  
(confirmed at time of printing)

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**The Royal College of Physicians and Surgeons of Canada**, Region 3 Advisory Committee, has provided a continuing medical education grant in support of our meeting.

# For Information

Office of Continuing Education and Professional Development  
Faculty of Medicine, University of Toronto  
500 University Avenue, Suite 650  
Toronto, Ontario M5G 1V7

Phone: 416.978.2719

Toll Free: 1.888.512.8173 (in North America only)

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Website: [www.cepd.utoronto.ca](http://www.cepd.utoronto.ca)

# Registration Form: The Science & Art of Pain and Symptom Management 2009

## Online Registration

To register online and pay by Visa, MasterCard or American Express, please visit: [www.cepd.utoronto.ca](http://www.cepd.utoronto.ca). Click on "Courses & Conferences" and then "Find a Course". Enter course name or event code: **FCM0904**.

## Registration by Fax

To register by fax and pay by credit card, please complete this registration form, including credit card information and fax to:

416.946.7028

## Registration by Mail

To register by mail, please complete this registration form and mail with your cheque or credit card information to:

Office of Continuing Education and Professional Development  
Faculty of Medicine, University of Toronto  
500 University Avenue, Suite 650, Toronto, Ontario M5G 1V7

Enclosed please find cheque for \$ \_\_\_\_\_ (Canadian funds)  
payable to the University of Toronto.

**Note:** Postdated cheques will not be accepted.

## Personal Information - Please Print

First Name

Last Name

e-mail (provide in order to receive your receipt)

Address (please check either  Home or  Business)

City

Province/State

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Home Telephone

Fax

Hospital/Facility

Specialty/Type of Practice

Professional Designation

School of Professional Degree

Year of Graduation

## Credit Card Information

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Cardholder Name

CID/CVV #

American Express

Amount

Authorized Signature

## Registration Fees

All Health Professionals.....\$215 CAD

Residents & Students.....\$65 CAD  
(with documentation and proof of status)

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## Workshop Session Selections

**Saturday, November 21, 2009 - 10:30 am and 1:45 pm**

Workshop enrolment is limited. Preferred workshop selections cannot be guaranteed. Participants will be able to attend two of the workshops offered (one in the morning and one in the afternoon).

Please rank your choices in order of preference (1-5):

\_\_\_\_\_ Practical Skills in Managing Pain for Patients with Addictions  
in the Palliative Care Setting (repeated)

\_\_\_\_\_ Emerging Trends in Oncology: What the Palliative Care Clinician  
Needs to Know (repeated)

\_\_\_\_\_ Patients with Advanced Cancer: Best Practices in Managing  
Common Co-Morbid Conditions (repeated)

\_\_\_\_\_ Self-Care: How Clinicians Can Take Care of Themselves (AM only)

\_\_\_\_\_ Prognostication: Are We Getting Closer? (PM only)