



Faculty of Medicine, University of Toronto

Banting and Best Diabetes Centre

Presents

Diabetes Update 2009

Advances and Challenges
in Managing Diabetes in
An Era of Choice

Friday, April 3, 2009

Metro Toronto Convention Centre
South Building, 700 Level
222 Bremner Boulevard
Toronto, Ontario



www.cme.utoronto.ca

Course Objectives

A full-day continuing education event which will focus on helping clinicians and diabetes educators learn approaches to therapeutic decision making and counseling in diabetes management where there are a growing number of options.

Goals

- Increase the use of evidence in clinical decision making and counselling around choice of therapy for diabetes in a variety of clinical settings
- Improve the management of glycemia of Type 2 diabetes, based on current Canadian clinical practice guidelines
- Improve the diagnosis and management of hypertension and diabetic nephropathy to reduce the long-term complications which result from these conditions
- Increase the awareness of demographic factors which affect the risk of diabetes
- Improve the glycemic management of Type 2 diabetes in children
- Decrease the fetal complications of poor glycemic control in women with gestational and Type 2 diabetes
- Decrease the rates of smoking and its complications in people with diabetes
- Improve access to insulin pump therapy in those with Type 1 diabetes where appropriately indicated
- Improve nutrition and nutritional counseling for people with diabetes
- To provide a provincial context for diabetes care and chronic disease management

Objectives

Participants will be able to:

- Understand or use an evidence based approach to the use of new therapies in diabetes
- Educate and counsel individuals with diabetes about the rationale for choice of therapy
- Counsel about or prescribe pharmacological therapies for glucose control in Type 2 diabetes
- Be aware of the role of renin angiotensin system inhibition and blockade in diabetic nephropathy and hypertension and identify the indications for use, counsel about, or manage these conditions using ACE inhibitors and ARB
- Contribute to discussions about the role of demographics in the risk of developing diabetes in urban, suburban and rural settings
- Counsel about or prescribe therapies for treatment of Type 2 diabetes in the paediatric population
- Understand the indications for and counsel about or prescribe therapies in the management of gestational diabetes and Type 2 diabetes during pregnancy
- Counsel individuals about the importance and currently available methods of smoking cessation
- Identify appropriate candidates for the use of insulin pumps or other newer technologies verses conventional methods in the management of Type 1 diabetes
- Using knowledge about food composition, give advice about the nutritional management of diabetes.

Program - Friday, April 3, 2009

Lectures will include 15-minute question & answer session for participants. Concurrent sessions are designed for a minimum of 50% interactivity between speaker and audience.

7:45 **Registration & Breakfast**

8:30 **Welcome & Learning Objectives**
Dr. Jacqueline James
Course Director

8:35 **Lecture 1**
Chair: Dr. Jacqueline James

Update on Clinical Practice Guidelines: Choice of Pharmacological Therapies for the Management of Type 2 Diabetes
Dr. Amir Hanna

9:25 **Lecture 2**
Chair: Dr. Jacqueline James

Diabetes Care: Great Expectations
Dr. Catherine Zahn

10:15 Refreshment Break

10:45 **Concurrent Session 1**
Chair: Dr. Jeannette Goguen

ACE Inhibitors vs. ARBs vs. Both for the Treatment of Hypertension and Microalbuminuria in People with Diabetes: What's the Evidence and How Will it Affect My Practice?

Dr. Sheldon Tobe

Concurrent Session 2
Chair: Dr. Kusiel Perlman

Managing Children with Type 2 Diabetes: What are Our Choices and What is the Evidence?

Dr. Shazhan Amed

Concurrent Session 3
Chair: Dr. Rene Wong

Patches, Pills, or Plain Talk: What's the Best Approach To Smoking Cessation?

Mr. Henry Halapy

12:15 Lunch Break

1:15 **Lecture 3**
Chair: Dr. Baiju Shah

Because a Treatment is New, Does it Mean it's Better? Using Evidence for Decision Making around Therapeutic Management Options
Dr. Sharon E. Straus

2:05 **Lecture 4**
Chair: Dr. Baiju Shah

Does One's Choice of Where to Live Affect the Risk of Developing Diabetes? Lessons from the Toronto Diabetes Atlas
Dr. Gillian Booth

2:55 Refreshment Break

3:25 **Concurrent Session 4**
Chair: Ms. Carolyn Lawton

Managing Diabetes in Pregnancy: What Types of Therapies are Indicated and Safe?
Dr. Denise Feig

Concurrent Session 5
Chair: Ms. Jan Glozier

Insulin Pumps vs. Multiple Daily Injections in the Management of Type 1 Diabetes: Is the Best Choice Always so Clear?

Dr. Bruce Perkins

Concurrent Session 6
Chair: Ms. Margaret De Melo

Enabling Patients to Make Informed Food Choices. Appropriate Applications of Food Composition Data

Ms. Josephine Deeks

4:55 Evaluation & Adjournment

Conference Location

Metro Toronto Convention Centre, South Building, 700 Level. The South Building entrance is located at 222 Bremner Boulevard, one block north of Lakeshore Boulevard, west of York Street.

Parking: South Building Parking is available at \$14 per day, space permitting.

Accreditation

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 6.5 Mainpro-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (6.5 credits).

Approval pending for CEUs from the Ontario College of Pharmacists.

Letters of Accreditation or Attendance are distributed at the end of the program. If you are leaving earlier, you may request your letter from us at that time.

Accommodation

Limited room blocks are being held at the following hotels:

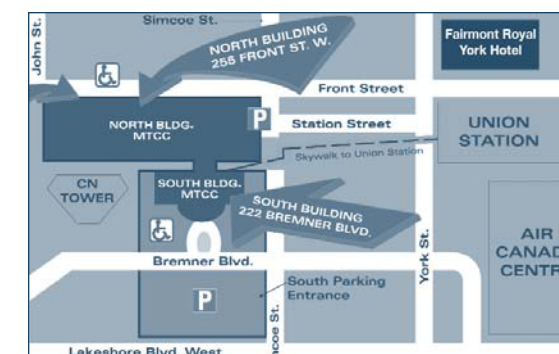
Fairmont Royal York Hotel
100 Front Street West, Toronto, ON
*From \$189 CAD
Phone: 1.800.663.7229
Refer to Diabetes Update Conference

Residence Inn by Marriott
255 Wellington Street West, Toronto, ON
*\$169 CAD
Phone: 1.800.331.3131
Refer to group code DIUC

*Rates are subject to applicable taxes.

Reservations must be made by **March 3, 2009**.

Location Map



Registration Form

1. To pay by VISA, MasterCard or American Express:

a) Online: To register and pay by credit card online, please visit www.cme.utoronto.ca. Click on "Looking for an Event" and enter course code: **BDC0901**.

b) By fax: To register by fax and pay by credit card, please fax this registration form, **including credit card information on the reverse**, to: 416.946.7028.

2. To pay by cheque:

Please forward this form and your cheque to:

Office of Continuing Education
and Professional Development
Faculty of Medicine, University of Toronto
500 University Avenue, Suite 650
Toronto, Ontario M5G 1V7

- Enclosed please find cheque for \$_____ (Canadian funds) payable to the University of Toronto. Post-dated cheques will not be accepted.

Please see reverse for Workshop Selections

Please Print

Title First Name Last Name

Email address (please provide in order to receive your receipt)

Address

City Province/State Postal/Zip Code

Business Telephone Fax

Hospital/Facility

Type of Practice/Profession

School of Professional Degree Graduation

Year of Graduation

Concurrent Sessions

Concurrent Session enrolment is limited. Registrants will have the opportunity to attend **one** session in the morning and **one** in the afternoon. Please indicate your 1st and 2nd choices for each group.

Concurrent Sessions 1-3 (10:45 am)

- _____ 1. ACE Inhibitors vs. ARBs vs. Both for the Treatment of Hypertension and Microalbuminuria in People With Diabetes
- _____ 2. Managing Children with Type 2 Diabetes
- _____ 3. Patches, Pills, or Plain Talk

Concurrent Sessions 4-6 (3:25 pm)

- _____ 4. Managing Diabetes in Pregnancy
- _____ 5. Insulin Pumps vs. Multiple Daily Injections in the Management of Type 1 Diabetes
- _____ 6. Enabling Patients to Make Informed Food Choices

Credit Card Information

If registering by fax and paying by VISA, MasterCard or American Express, please complete the information below (and on the reverse) and fax to 416.946.7028.

- VISA
- MasterCard
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Card Number

Expiry Date

Name on Card

Amount

Authorized Signature

Guest Speakers

Shazhan Amed, MD, FRCPC
Clinical Assistant Professor
Department of Pediatrics
Endocrinologist, B.C. Children's Hospital

Josephine Deeks, MSc, RD
Food Composition Manager
Nutrition Research Division, Health Canada

Toronto Speakers

*University of Toronto

Gillian Booth, MD, MSc, FRCPC
Assistant Professor*, Department of Medicine
Staff Endocrinologist, St. Michael's Hospital

Denice Feig, MD, MSc, FRCPC
Associate Professor*, Department of Medicine
Head, Diabetes in Pregnancy Program
Mount Sinai Hospital/University Health Network

Henry Halapy, RPh
Pharmacist, Diabetes & Osteoporosis Centre
St. Michael's Hospital

Amir Hanna, MD, FRCPC
Professor*, Department of Medicine
Staff Endocrinologist, St. Michael's Hospital

Bruce Perkins, MD, MPH, FRCPC
Assistant Professor*, Department of Medicine
Staff Endocrinologist, University Health Network

Sharon E. Straus, MSc, MD, FRCPC
Associate Professor*, Department of Health Policy
Management & Evaluation
Scientist, Keenan Research Centre
St. Michael's Hospital

Sheldon Tobe, MD, FRCPC
Associate Professor*, Department of Medicine
Chair, Recommendations Task Force
Canadian Hypertension Education Program

Catherine Zahn, BSc, MD, MHSc
Provincial Lead, Ontario Diabetes Strategy
Associate Professor*, Department of Medicine
Executive Vice President,
Clinical Programs & Practice,
University Health Network

Course Director

Jacqueline James, MD, MEd, FRCPC
Associate Professor, Department of Medicine
University of Toronto
Chair, Banting and Best Diabetes Centre
Diabetes Care and Education Committee
Staff Endocrinologist, Mount Sinai Hospital

Planning Committee

*University of Toronto

Margaret De Melo, RD, CDE, BSc
Clinical Dietitian,
University Health Network

Jan Glozier, RN, CDE
Diabetes Educator,
North York General Hospital (Branson Division)

Jeannette Goguen*, MD, MEd, FRCPC
Staff Endocrinologist,
St. Michael's Hospital

Henry Halapy, RPh
Pharmacist, Diabetes & Osteoporosis Centre
St. Michael's Hospital

Liisa Jaakkimainen*, MD, CCFP
Family Physician,
Sunnybrook Health Sciences Centre

Carolyn Lawton, RN, MScN, CDE
Nurse Practitioner, Diabetes
Sunnybrook Health Sciences Centre

Kusiel Perlman*, MD, FRCPC
Staff Endocrinologist,
Hospital For Sick Children

Baiju Shah*, MD, PhD, FRCPC
Staff Endocrinologist,
Sunnybrook Health Sciences Centre

Rene Wong*, MD, FRCPC
Staff Endocrinologist,
University Health Network

Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Fees

Physicians \$190 CAD

Other Health Care Professionals \$190 CAD

*Postgraduate Residents & Students \$45 CAD

*with proof of status

Cancellation

Refunds will not be issued for cancellations received after **March 27, 2009**. A processing fee of \$40 will be retained on all cancellations.

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for events cancelled by the University will be refunded; however the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

Acknowledgements

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